

First Semester

I. GOD THE FATHER

- A. REVEALED HIMSELF AND HIS LOVE FOR HIS PEOPLE (2059-60)
- B. REVEALED THE COVENANT ON THE HOLY MOUNTAIN WRITTEN BY HIS OWN FINGER (2056)

II. COMMANDMENTS

Ex. 20:2-17

- A. WORDS OF GOD (2056)
- B. FULL MEANING REVEALED IN JESUS IN THE NEW COVENANT
- C. PATH OF LIFE
- D. COVENANT WITH GOD:
DUTIES TO GOD AND TO NEIGHBOR
 - 1. I am the Lord your God, who brought you out of the land of Egypt, that place of slavery. You shall not have other gods besides me. Ex. 20:2-5, Deut. 5:6-9, (2083, 2133-34)
 - 2. You shall not take the name of the Lord your God in vain. Ex. 20:7, Deut. 5:11, (2142, 2156, 2160-62, 2166-67)
 - 3. Remember the sabbath day, to keep it holy. Ex. 20:8-10, 31:15,

4. Honor your father and your mother. Deut. 5:12-15, (2168-70, 2175, 2177, 2189-92)
Ex. 20:12, Deut. 5:16, (2197, 2247-48, 2251, 2253)
5. You shall not kill. Ex. 20:13, Deut. 5:17, (2258, 2270, 2276, 2288, 2307, 2318-20)
6. You shall not commit adultery. Ex. 20:14, Deut. 5:18, (2331-33, 2237, 2393-95)
7. You shall not steal. Ex. 20:15, Deut. 5:19, (2401, 2426, 2450-54)
8. You shall not bear false witness against your neighbor. Ex. 20:16, Deut. 5:20, (2464-65, 2473, 2482-83, 2504-05, 2507)
9. You shall not covet your neighbor's house;
you shall not covet your neighbor's wife... Ex. 20:17, (2514, 2531-32)
10. You shall not covet ... anything that is your
neighbor's.... Ex. 20:17, Deut. 5:21, (2534, 2551-54)

III. GRACE

(2003-04)

A. FREE HELP OF GOD

(1996)

B. GIFT OF THE SPIRIT

C. HELPS US IN OUR SPIRITUAL GROWTH

IV. SIN

(386, 1440)

A. ORIGINAL SIN

(388-89)

1. Definition

Gen. 2:17, 3:1-11,

	(397-98)
2. Effect	Rom. 3:23, (399-402, 407-08)
B. PERSONAL SIN	(1849-51, 1872-73)
1. Mortal Sin	(1855-59)
2. Venial Sin	(1862-63)
V. CONSCIENCE	(1783-85)
A. DESCRIPTIONS	(1776-85)
1. Present in the heart of a person, it is a voice deep within a person calling one to love and do what is good and to avoid evil.	
2. It judges particular choices.	(1777)
3. It enables one to assume responsibility for the acts performed.	(1781)
4. One must always follow one's conscience.	
B. FORMATION	(1784)
1. A lifelong task	
2. Assisted by the Holy Spirit	(1785)
3. Guided by the Church	
C. EXAMINATION	(1454)
1. Preparation for any reception of the sacrament of Penance	
2. Daily reflecting on one's moral life in light of	

the Scriptures (i.e., the *Ten Commandments*,
Beatitudes, etc.)

VI. LITURGICAL YEAR (1168-73)

A. SUNDAY (2177)

The Lord's day is the day on which we celebrate Jesus' Resurrection. We go to Mass on this special day to give praise and thanks to God. It is the heart of the Church's life.

B. ORDINARY TIME: liturgical color is green for hope, growth, life.

1. Time in the winter between Christmas time and Lent.
2. Time in the summer and fall from Pentecost to the Feast of Christ the King.
3. Refers to ordinal, counted time.
4. Time to hear the Scriptures proclaimed inviting us to live out the mysteries of our faith and the message of the Gospels.
 - a. Cycle A - Gospel of St. Matthew
 - b. Cycle B - Gospel of St. Mark
 - c. Cycle C - Gospel of St. Luke

C. ADVENT (524, 1095)

1. Liturgical color is purple for preparation, sorrow for sin
2. Begins the Liturgical Year
3. Period of four weeks of preparation for the birth of Jesus, Christmas
4. Advent symbols

a. Advent Wreath

- 1) The circle of greens reminds us that
God has no beginning and has no end.
- 2) There are four candles -
three purple and one pink
- 3) One candle is lit each week.

b. Jesse Tree

D. CHRISTMAS (525-30, 563)

1. Liturgical color is white for joy, glory, innocence
2. Story of Jesus' Birth Mt. 1:18 - 2:23

E. SAINTS, FEASTS, AND SPECIAL PEOPLE

Special days to honor saints are ranked and celebrated in different degrees.

Solemnity: liturgies celebrating events, beliefs, and personages of principal importance and universal significance in salvation history

Feast: liturgies of major importance

Memorial: liturgies celebrating minor events in the life of the Blessed Virgin Mary and of saints significant to a local country, church or religious community

August	23	St. Rose of Lima, Virgin
August	27	Memorial of St. Monica
August	28	Memorial of St. Augustine, Bishop and Doctor
September	14	Feast of the Triumph of the Cross
September	21	Feast of St. Matthew, Apostle and Evangelist

October	1	Memorial of St. Theresa of the Child Jesus, Virgin and Doctor (St. Therese, the Little Flower)
October	2	Memorial of the Guardian Angels
October	4	Memorial of St. Francis of Assisi
October	15	Memorial of St. Teresa of Avila, Virgin and Doctor
November	1	Solemnity of All Saints
November	2	All Souls Day
November	3	St. Martin de Porres, Religious
November	22	Memorial of St. Cecilia, Virgin and Martyr
December	3	Memorial of St. Francis Xavier, Priest
December	9	Blessed Juan Diego
December	27	Feast of St. John, Apostle and Evangelist
		Feast of the Holy Family (Sunday in the Octave of Christmas)
January	4	Memorial of St. Elizabeth Ann Seton, Religious
January	5	Feast of St. John Neumann, Bishop
		Solemnity of the Epiphany (January 6 or the Sunday between January 5 and January 8)
		Feast of the Baptism of Jesus (Sunday after January 6)

VII. MARY

A. EXAMPLE OF FAITH

(273)

B.. EXAMPLE OF HOLINESS (2030)

C.. DAYS IN HONOR OF MARY

August	22	Memorial of the Queenship of Mary
September	8	Feast of the Birth of Mary
September	15	Memorial of Our Lady of Sorrows
October	7	Memorial of Our Lady of the Rosary
November	19	Our Lady of Divine Providence
November	21	Memorial of the Presentation of Mary
December	8	Solemnity of the Immaculate Conception
December	12	Feast of Our Lady of Guadalupe
January	1	Solemnity of Mary, Mother of God

D. PRAYERS

1. The *Hail Mary*
2. The *Hail, Holy Queen*
3. The *Rosary*
4. The *Angelus / Regina Coeli*
5. The *Litany of the Blessed Virgin* (See *Appendix: Litany*)

VIII. PRAYER

A. MODELS OF PRAYER

Examples of those who listened to God, acted on his Word,

and were blessed by God.

- | | |
|---|---------------------------------------|
| 1. Old Testament | (2568) |
| a. Abraham | Gen. 12:4, (2570-72) |
| b. Moses | Ex. 3:1-10, (2575-77) |
| 2. New Testament | (2598) |
| a. Jesus | (2599, 2602) |
| b. Mary | (2617-22) |
|
B. OUR FATHER |
Mt. 6:9-13, Lk. 11:2-4,
(2759) |
| 1. Summary of the whole Gospel | (2761) |
| 2. "Our Father" | (2786-87) |
|
C. ASPIRATIONS | |
| 1. Short prayer invoking the name or title of a saint. | |
| 2. Common response: pray for us. | |
| 3. Example: <i>Our Lady of the Rosary, pray for us.</i> | |
|
D. OTHER PRAYER FORMS | |
| 1. The "Jesus Prayer" | |
| 2. Praying in Common (Choral Prayer) | |
| 3. Song and Gesture | |
| 4. Meditation | |

IX. SACRAMENTALS

(1667-79)

A. SACRED SIGNS

(1667)

B. PREPARE US FOR GRACE (1670)

C. HELP US TO COOPERATE WITH GRACE

X. SOCIAL JUSTICE

“The commitment to human life and dignity, to human rights and solidarity, is a calling all Catholic educators must share with their students. It is not a vocation for a few religion teachers, but a challenge for every Catholic educator and catechist.”

Sharing Catholic Social Teaching Challenges and Directions, USCC, 1998, p. 7

Major Themes:

The Life and Dignity of the Human Person

Call to Family, Community and Participation

Rights and Responsibilities of the Human Person

Option for the Poor and Vulnerable

A. AWARENESS OF THE UNIQUE IMPORTANCE OF EACH PERSON

1. Celebrate each person's birthday, cultural and ethnic heritage
2. Write to a legislator about issues affecting the poor and vulnerable

B RESPOND TO COMMUNITY NEEDS

1. Participate in parish and/or school collections: food, clothing, toys, etc.
2. Connect with Archdiocesan Social Service Agencies

For further ideas see **From the Ground Up: Teaching Catholic Social Principles in Elementary Schools**, NCEA, 1999.

Second Semester

I. JESUS CHRIST OUR REDEEMER

- A. REVEALS MEANING OF NEW COVENANT
- B. FULFILLS GOD'S PROMISES

II. THE BEATITUDES

Mt. 5:3-12, Lk. 6:20-26,
(17:16-17)

- A. THE HEART OF JESUS' PREACHING
- B. EXPRESS THE VOCATION OF ALL THE FAITHFUL
 1. Blessed are the poor in spirit,
for theirs is the kingdom of heaven.
 2. Blessed are those who mourn,
for they shall be comforted.
 3. Blessed are the meek,
for they shall inherit the earth.
 4. Blessed are those who hunger and thirst for righteousness,
for they shall be satisfied.
 5. Blessed are the merciful,
for they shall obtain mercy.
 6. Blessed are the pure in heart,
for they shall see God.
 7. Blessed are the peacemakers,

for they shall be called children of God.

8. Blessed are those persecuted for righteousness' sake,
for theirs is the kingdom of heaven.

III. WORKS OF MERCY

A. CORPORAL WORKS OF MERCY

Actions that show respect for the body as a temple of the Holy Spirit.

1. Feed the hungry.
2. Give drink to the thirsty.
3. Welcome the stranger. / Shelter the homeless.
4. Clothe the naked.
5. Visit the sick.
6. Visit those in prison.
7. Bury the dead.

B. SPIRITUAL WORKS OF MERCY

1. Teach the ignorant.
2. Give advice to those who need it. / Counsel the doubtful.
3. Comfort those who suffer.
4. Be patient with others. / Bear wrongs patiently.
5. Forgive those who hurt you.
6. Correct those who need it.
7. Pray for others.

IV. VIRTUE

(1803)

A. CARDINAL VIRTUES

(1805-09)

1. Prudence
2. Justice
3. Fortitude
4. Temperance

B. THEOLOGICAL VIRTUES

(1812)

1. Faith (1814-16, 2088, 2098)
2. Hope (1817-21, 2091, 2098)
3. Charity (1822-24, 2093, 2095)

V. LITURGICAL YEAR**A. LENT**

(1095)

1. Time of preparation for Easter
2. From Ash Wednesday to the Mass of the Lord's Supper on Holy Thursday
3. Liturgical color is purple for penance

B. HOLY WEEK

1. Palm Sunday
2. Triduum

Jn. 12:12-19

- a. Holy Thursday
Mass of the Lord's Supper

Mt. 26:26-35

Mk. 14:22-31, Lk. 22:14-23

b. Good Friday
 Celebration of the Lord's Passion
 Liturgical color is red for the
 blood of Jesus shed for us. Mt. 27, Mk. 15, Lk. 23

c. Holy Saturday

d. Easter
 Sunset of Holy Saturday to sunset of
 Easter Sunday

C. EASTER SEASON (1168-69)

Sunset of Easter Sunday to sunset of the Solemnity of Pentecost

1. Easter Sunday: liturgical color is white
 for joy, glory, innocence Mt. 28:1-15, Mk. 16:1-8,
 Lk. 24:1-12, Jn. 20:1-10

2. Ascension Thursday: liturgical color is white Mt. 28:16-20,
 Mk. 16:19-20,
 Lk. 24:50-53,
 Acts 1:6-12

3. Pentecost: liturgical color is red
 for the Holy Spirit Acts 2:1-4

D. OTHER CELEBRATIONS

1. Trinity Sunday - Sunday after Pentecost

2. Corpus Christi (Body and Blood of Christ) - Sunday after Trinity Sunday

3. Solemnity of the Sacred Heart - Friday after the Second Sunday
 after Pentecost

E. ORDINARY TIME: Liturgical color is green for hope, growth, life

F. SAINTS, FEASTS, AND SPECIAL PEOPLE

Canonization - the declaration by the pope that a person is a saint, is now in heaven, and is worthy of veneration by all the faithful. (828)

The Essential Catholic Handbook, Liguori, 1997, p. 152

Relic - Part of the physical remains of a saint or an object closely associated with a saint...

The Essential Catholic Handbook, Liguori, 1997, p. 234

February	2	Feast of the Presentation of the Lord
February	6	Memorial of St. Paul Miki and Companions, Martyrs
March	3	Feast of St. Katharine Drexel, Virgin
March	17	Memorial of St. Patrick, Bishop
March	19	Solemnity of St. Joseph
March	30	Thea Bowman, FSPA
April	29	Memorial of St. Catherine of Siena, Virgin and Doctor
June	3	Memorial of St. Charles Lwanga and Companions, Martyrs
June	22	St. Thomas More, Martyr
July	22	Memorial of St. Mary Magdalene

VI. MARY

A. APPARITIONS

1. Definition - an extraordinary, visible appearance seen by one or more persons. The authenticity of it is a matter for evaluation by the Church.

The Essential Catholic Handbook, Liguori, 1997, p. 133

2. Principle Apparitions of the Blessed Virgin Mary

Banneux, Belgium - 1933

Beauraing, Belgium - 1932-33

Fatima, Portugal - 1917

Guadalupe, Mexico - 1531

Knock, Ireland - 1879

LaSalette, France - 1846

Lourdes, France - 1858

Our Lady of the Miraculous Medal, France - 1830

B. DAYS IN HONOR OF MARY

February	2	The Purification of Mary
February	11	Memorial of Our Lady of Lourdes
March	25	Solemnity of the Annunciation
May	31	Feast of the Visitation
May (variable)		The Immaculate Heart of Mary
August	15	Solemnity of the Assumption

C. TITLES OF MARY

1. The Immaculate Conception - under this title Mary is patroness of the United States and the Archdiocese of Philadelphia
2. Our Lady - Notre Dame (French for "Our Lady")

VII. PRAYER

A. PRAISE AND THANKS

1. "We come to you, Father, with praise and thanksgiving, through Jesus Christ your Son."
(*Eucharistic Prayer I*)
2. "Father, it is our duty and salvation, always and everywhere to give you thanks through your beloved Son, Jesus Christ."
(*Eucharistic Prayer II*)
3. "Father, you are holy indeed, and all creation rightly gives you praise." (*Eucharistic Prayer III*)
4. "Father in heaven, it is right that we should give you thanks and glory, you alone are God, living and true."
(*Eucharistic Prayer IV*)

B. CONTRITION

(1451-54)

1. Definition - sorrow for sin and the intention of sinning no more
2. Most important act of the penitent in the Sacrament of Penance
3. A gift of God and a prompting of the Holy Spirit (1453)
4. Act of Contrition

C. OTHER FORMS OF PRAYER

1. Journal Keeping
2. Guided Meditation
3. Shared Prayer

VIII. SACRAMENTALS (1667-79)

- A. BLESSINGS (1678)
- B. CONSECRATION (1672)
 - 1. Things
 - 2. People
- C. INSTITUTED BY THE CHURCH (1667)
- D. HAVE MEANING AND PURPOSE (1668)

IX. SOCIAL JUSTICE

“The Church’s social teaching is a rich treasure of wisdom about building a just society and living lives of holiness amidst the challenges of modern society.... In this time of widespread violence and diminished respect for human life and dignity in our country and around the world, the Gospel of life and the biblical call to justice need to be proclaimed and shared with new clarity, urgency, and energy.”

Sharing Catholic Social Teaching Challenges and Directions, USCC, 1998, p. 4

Major Themes:

Dignity of Work and the Rights of Workers

Solidarity of the Human Family

Care for God’s Creation

- A. AWARENESS OF THOSE WHO SUFFER
 - 1. Participate in Operation Rice Bowl, the Bishop’s Relief Fund and/or the Holy Childhood Association (HCA)

2. Encourage children to be conscientious about not wasting food and natural resources

B. AWARENESS OF THE IMPORTANCE OF WORK

1. Practice care of personal belongings
2. Show care of classrooms, school buildings, and parish grounds
3. Encourage respect for each one's responsibilities
 - a. At home
 - b. In school